

SEARTE DUICIARY

STATE DUICIARY

January 30, 2013

Dear Montana State Representative:

It's Montana's turn to do what more than two-thirds of U.S. states have done—namely, to enact an effective law dealing with concussion in youth sports. SB 112 would help student-athletes enjoy sports safely and prevent the devastating effects of sports-related concussions. We urge you to pass it now.

Without awareness of the dangers and symptoms of concussion and the need to properly manage recovery, youth athletes and those who work with them can unwittingly endanger not only these youngsters' playing careers, but their academic careers and family lives as well.

Based on the Zackery Lystedt Law enacted in Washington State in 2009, SB 112 includes three main provisions:

- Education of youth athletes, coaches and parents about the significance and symptoms of suspected brain injuries and their consequences, using readily available materials;
- 2. Removal from play or practice if a youth athlete is suspected of having sustained concussion or head injury, and
- 3. Return to play or practice only after appropriate medical clearance.

Experience has shown that establishing and following these prudent, best practices not only will help save youth athletes and their families from needless tragedy and life-altering injury. Experts know that Lystedt-type laws also reduce liability for organizations that sponsor youth sports events and for their staff, officials and volunteers.

More than forty U.S. states have passed similar laws, and we believe it's time that Montana take action on behalf of the millions of youngsters who need this protection. The cost in terms of dollars and administrative burden is minimal, but the impact – measured in keeping youth athletes safe, learning and well – is huge.

Thank you for considering this important measure on behalf of our young patients and their families, schools and organizations.

Sincerely,

James R. Whitehead, CEO

American College of Sports Medicine

## (On behalf of the 35 member organizations of the National Coalition on Youth Sport Concussion)

American Academy of Neurology

American Academy of Physical Medicine and Rehabilitation

American College of Sports Medicine

American Medical Society for Sports Medicine

**Brain Injury Association of Washington** 

**Child Neurology Foundation** 

Children's National Medical Center

**Kevin Turner Foundation** 

Major League Soccer

National Academy of Neuropsychology

National Association of School Nurses

National Association of School Psychologists

National Association of State Boards of Education

National Athletic Trainers' Association

**National Collegiate Athletic Association** 

National Hockey League

National Youth Sports Health & Safety Institute

North American Society for Pediatric Exercise Medicine

Pop Warner Little Scholars-Pop Warner Football

**Psychological Assessment Resources** 

Safe Kids USA

Sanford Health

Sarah Jane Brain Foundation

**Sports Concussion Institute** 

**Sports Legacy Institute** 

Sportsconcussions.org

TBI Phoenix-Fund

ThinkFirst National Injury Prevention Foundation

University of Pittsburgh Medical Center

**US Lacrosse** 

**US Soccer Federation** 

**US Youth Soccer** 

**USA Football** 

**Washington Youth Soccer** 

Youth Fitness Coalition